

Aboriginal and Torres Strait Islander people are advised that these slides may contain names and images of persons since deceased.



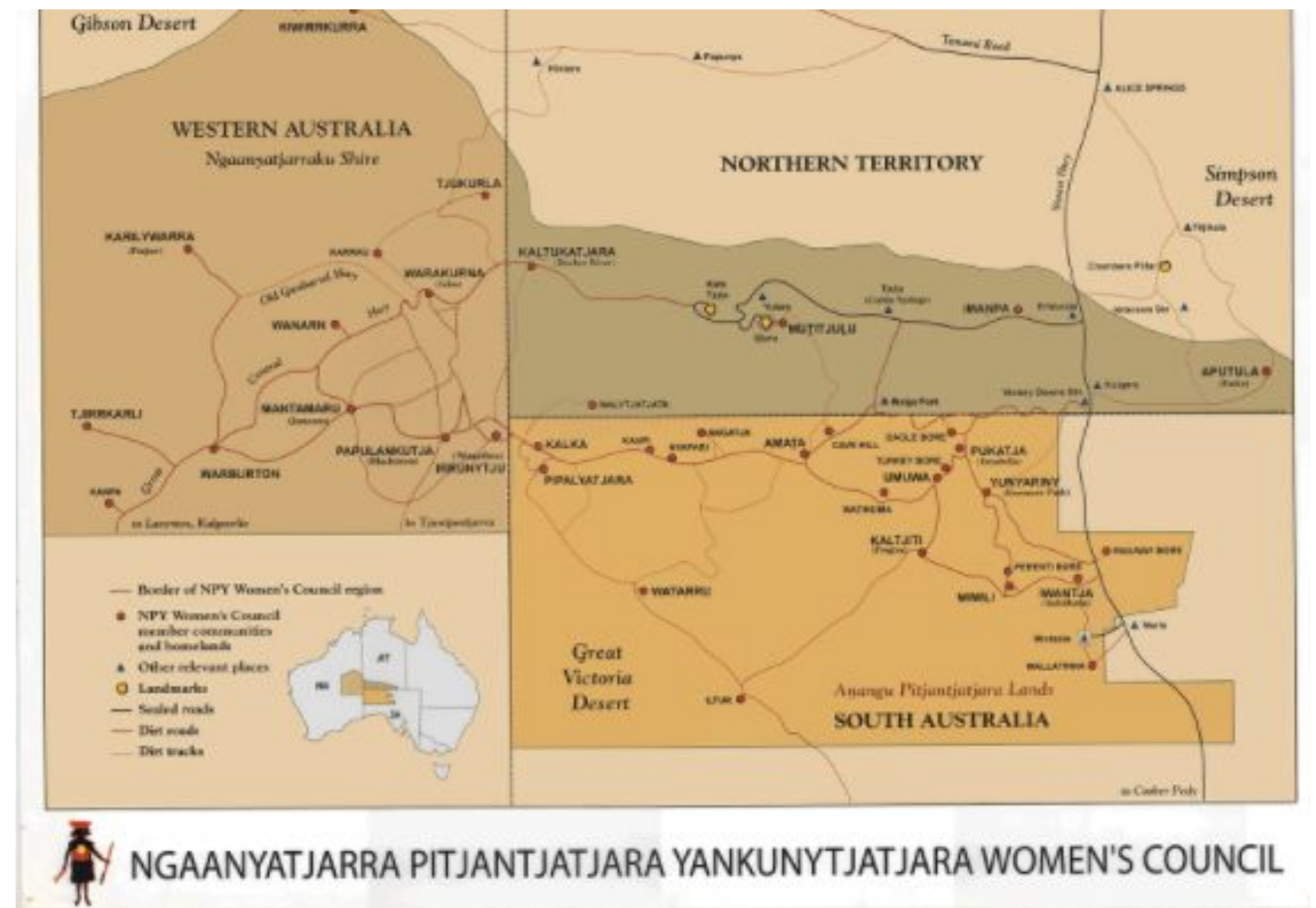
Ngangkari

Traditional Healers

Ngangkari are the traditional healers of the Ngaanyatjarra, Pitjantjatjara and Yankunytjatjara (NPY) lands in the remote western desert of Central Australia.

Collectively these lands are called Anangu.

The NPY spans across South Australia, Western Australia and the Northern Territory encompassing about 103 square kilometres



Ngangkari

Traditional Healers

Ngangkari have looked after people's physical and emotional health for thousands of years.

The ngangkari approach to health and wellbeing is very different from the Western medical approach.

Rather than focusing on the part of the body that is ailing, ngangkari focus on the person's spirit.



Ngangkari

Traditional Healers

When Italian human rights academic Francesca Panzironi began looking at Indigenous healing practices in Australia, she was surprised by a paucity of information. She was also surprised that Aboriginal medicine had no formalised role in national health policy, unlike traditional medicine in Canada and New Zealand.

In 2008, Dr. Panzironi embarked on a 4 year journey which took her to the Anangu Pitjantjatjara Yankunytjatjara (APY) Lands of South Australia. There, she saw 60,000+ years of accumulated knowledge in action. She describes the Ngangkari as 'kind of like a mixture between a general practitioner and a psychiatrist all in one.'

<https://www.youtube.com/watch?v=rSvSwxjOlf&t=192s>

A bit about the practice
from 3:44 - 5:52



Ngangkari

Traditional Healers

Dr. Panzironi's research concluded that a holistic two-way health care model incorporating conventional and traditional medicine would have many benefits for Indigenous Australians.



The NPY Women's Council Ngangkari Program supports ngangkari to continue their work in communities, clinics and hospitals.

Reference - <https://www.npywc.org.au/what-we-do/ngangkari>



Ngangkari

Traditional Healers

After extensive consultation, Panzironi, along with Ngangkari Debbie Watson, Taylor Cooper, Witjiti George, Margaret Winton and Mukayi Baker, founded **ANTAC: the Anangu Ngangkari Tjutaku Aboriginal Corporation**.

Established in 2013, it became the first organisation of Aboriginal traditional healers in Australia. Healers are credentialed according to Ngangkari law - the traditional knowledge system passed through the generations that sets out treatment methods, ethical standards and training requirements.



Reference -

<https://www.anzsog.edu.au/resource-library/case-library/healing-from-the-centre-taking-traditional-aboriginal-medicine-mainstream>

Ngangkari Traditional Healers

Ngangkari healers

April 22nd, 2020



<https://hunterprimarycare.com.au/ngangkari-healers/>

Ngangkari

Traditional Healers

With self determined leadership and Ngangkari invitation and permission, what role could TACSI play to enable Ngangkari in every Australian Mental Health Service?